

Prenatal-to-3 State Policy Roadmap

Link: <https://pn3policy.org/pn-3-state-policy-roadmap-2023/>

This site is managed by the Prenatal-to-3 Policy Impact Center housed in Vanderbilt University. The roadmap consists of 12 effective policies and strategies that serve as a guide to state leaders on how to make investments to ensure that all children thrive during the crucial early years of development. The site contains a summary of the roadmap strategies and policies, an overview of progress that states have made in the past year, demographic characteristics for each state, and state-level data on overall health and well being of infants and toddlers and their families that align with one of 8 policy goals that can be attained when the 12 policies and strategies are implemented.

12 Policies and Strategies	8 Policy Goals	Outcome data (aligned w/ each of the 8 policy goals)
Policies	Access to needed services	<ul style="list-style-type: none"> • health insurance • adequate prenatal care • access to SNAP • developmental screenings
Expanded income flexibility for health insurance	Parents ability to work	<ul style="list-style-type: none"> • parental employment
Paid family leave (6 wks or more)	Sufficient household resources	<ul style="list-style-type: none"> • child poverty • crowded housing • food insecurity
State minimum wage (\$10 or more)	Health and equitable births	<ul style="list-style-type: none"> • pre-term births • infant mortality
Refundable state earned income tax credit (min. 10%)	Parental health and emotional well-being	<ul style="list-style-type: none"> • maternal mental health • parenting support
Strategies	Nurturing and responsive child-parent relationships	<ul style="list-style-type: none"> • daily reading • daily nurturing behaviors • parenting stress
Reduced admin. burden for SNAP	Nurturing and responsive child care in safe settings	<ul style="list-style-type: none"> • child care providers • participating in QRIS • access to Early Head Start
Comprehensive screening and connection programs	Optimal child health and development	<ul style="list-style-type: none"> • breastfeeding • immunizations • child maltreatment
Child care subsidies		
Group prenatal care		
Community-based doulas		
Evidence-based home visiting prgms		
Early Head Start		
Early Intervention Services		