

1. How-To



Want to give positive parenting a try? Start small and #CatchYourKidsDoingGood. Then show your appreciation. It's really that easy. To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.

2. Parent/Kid Benefit



Confidence. Appreciation. Positivity. That's what you share when you #CatchYourKidsDoingGood—and they do too! To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.

3. Kid Benefit



When parents focus on the good things—kids do too! #CatchYourKidsDoingGood. Positive recognition encourages positive behavior. To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.

4. Example A



How can you #CatchYourKidsDoingGood? Recognize all their positive steps in the right direction—even when it isn't perfect. To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.

5. Example B



How can you #CatchYourKidsDoingGood? Be very specific about what you appreciate about them. It helps boost their confidence. To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.

6. Example C



How can you #CatchYourKidsDoingGood? Enjoy your child for who they are. They don't have to be the best—just their best selves. To learn more about positive parenting, find a family resource center near you at fiveorfamilies.org/family-resource-centers.