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## **Newsletter**

**ISSUE MARCH 1 2023** 

### WI Child Abuse and Neglect Prevention Board Updates

Providing you with the latest news and updates from the Child Abuse and Neglect Prevention Board



The Prevention Board was established in state statute in 1983, making 2023, our 40th year of strengthening families. As part of celebrating 40 years, we are offering a number of lunch and learns and supporting a number of trainings and professional development opportunities. Information on the lunch and learns are listed at the end of newsletter.

# **Research Update**

#### **Five for Families curriculum**

Over the past two years the Prevention Board has been working with many partners and contributors to develop the Five for Families curriculum. The curriculum is intended to help parents, caregivers and family members explore their Five Strengths, also known as Protective Factors, which promote the health and well-being of their children and themselves. The curriculum contains more than 60 activities designed to be fun and engaging as well as informative. The activities can be used flexibly so that educators can choose the combination of activities and format that best meets the needs of their audience.

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as a stand-alone class. More than 330 caregivers from across the state participated in the Five for Families pilot. Participants had the opportunity to rate their feelings about each activity. Their average response was 5.4 on a 6-point scale. Caregivers were also encouraged to leave a comment about their experience. The following themes were addressed in their comments:

- The recognition of their own strengths and how to build upon them.
- The acknowledgement of the importance of positive messages for children.
- Appreciation of their children's strengths and the ability to view them in a positive light.
- The importance of reaching out to others for help.
- Appreciation for strategies for coping with stress.
- Recognition of the value and need for connection with other parents.
- The challenges of screens and digital devices.

Overall, the curriculum was well received by caregivers and educators alike. Final revisions will be made based on the pilot feedback. The curriculum will be made widely available beginning this summer.

#### Foundation Provides Resources to the Prevention Board

The Celebrate Children Foundation is a nonprofit organization established to advance the mission of the Child Abuse and Neglect Prevention Board through resource development. The Foundation receives most of its funding from the Celebrate Children license plate.

The Celebrate Children Foundation license plate can make a positive, lasting difference in the lives of children and families. Each license plate and renewal provide \$25 to the Foundation. Annually the Foundation provides the Prevention Board with approximately \$75,000 to support Family Resource Centers.

https://celebrate-children.org/support/license-plate-campaign/

## From the Field

### **Family Strengthening Month**

April is Family Strengthening Month in Wisconsin, a transformation of the observance of National Child Abuse and Neglect Prevention Month, with the mission to focus on the strengths families can draw on to create a safe and nurturing family environment.

Children's early experiences shape their whole life. These early experiences lay the foundations of a child's brain architecture. They strongly influence the strength or weakness of the child's ability to learn, their health and their behavior throughout their life. When raised in loving and supportive environments, children have a chance to flourish and become successful contributing members of society.

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Department of Children and Families are determined to ensure we build healthy children and strong families by shining a bright light on the issue of family strengthening. In April, we come together to participate in activities that show our commitment to children and families.

The 2023 Family Strengthening toolkit provides information to communities, organizations and individuals on how to promote Family Strengthening efforts in April and throughout the year. Please feel free to use the ideas presented or use the information to develop your own ideas. Join the WI Family Strengthening Month Committee and other organizations throughout the state that support children and families in our Family Strengthening Month activities. Also, visit our website in April for the Five for Families social media posts:

#### Links:

Prevention Board Toolkit: Microsoft Word - PM Toolkit Draft Dec2020.docx (wi.gov)

<u>Five for Families toolkit and content calendar: Child Abuse and Neglect Prevention</u>
<u>Board Five for Families for Family Strengthening Month (wi.gov)</u>



**Today is Wear Blue Day!** 



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# **Upcoming trainings:**

March 15: Strengthening Month, noon to 1 pm, to register:

https://us06web.zoom.us/meeting/register/tZEscOmgpzkiG9lCixBwas0ZaurRQo1WyiZR

This lunch and learn will include two presenters. First, an FRC will discuss how Family Strengthening Month was the impetus that prompted them to integrate Five for Families into their organization and community structure. Second, the Prevention Board staff will go over the 2023 Strengthening Families Month toolkit and other available materials.

April 5: Introduction to Five for Families curriculum, noon to 1 pm, to register: <a href="https://us06web.zoom.us/meeting/register/tZ0gd-yhrzktGNLwtiOs5Y4I4NZXadoaS6Xd">https://us06web.zoom.us/meeting/register/tZ0gd-yhrzktGNLwtiOs5Y4I4NZXadoaS6Xd</a>

Come learn more about the newly developed Five for Families curriculum, the results of our initial pilot and how we plan to train new facilitators and disseminate the curriculum. You will have the opportunity to get a taste by participating in one of the Five for Families activities yourself.

April 19: Data Analysis, noon to 1 pm, to register:

<u>https://us06web.zoom.us/meeting/register/tZEtduuvpjsoHtAPPaqvJ4y7aCsRu9kFUUYa</u>

This session will discuss how to identify the different types of data that exist and the importance of each type and understand how data can be used to tell a story. Prevention Board staff will also provide some examples from the DAISEY system.

May 18: Stewards of Children, 9 am to noon, Stewards of Children is a CALL TO ACTION for all adults. This training includes a workbook, a video presentation and group discussion. To register for this training email gvang@theparentingnetwork.org or contact The Parent Helpline — 414/671-0566

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