

## Healthy and Ready to Learn: National and State Data on 3-Year-Old Development

Link: [Healthy and Ready to Learn: National and State Data on 3-Year-Old Development - Child Trends](#)

This data set uses the Healthy and Ready to Learn (HRTL) measure to assess 3-year-olds developmental well-being in five domains: early learning skills, social-emotional development, self-regulation skills, physical health, and motor skills. Together these five domains measure whether young children are developmentally “on track” prior to kindergarten. The dashboard shows the percentage of 3-year-olds developmentally “on track” within each domain and an overall, summary measure of HRTL for each state and across the nation.

Indicators and Types of Data				
Early Learning Skills	Social-Emotional Development	Self-Regulation Skills	Physical Health	Motor Skills
<ul style="list-style-type: none"><li>• Language</li><li>• Early Literacy</li><li>• Early Math</li></ul>	<ul style="list-style-type: none"><li>• Understanding emotions</li><li>• Sharing</li><li>• Taking turns</li></ul>	<ul style="list-style-type: none"><li>• Attention</li><li>• Calming strategies</li><li>• Managing transitions</li></ul>	<ul style="list-style-type: none"><li>• Overall health status</li><li>• Presence of health conditions</li></ul>	<ul style="list-style-type: none"><li>• Drawing</li><li>• Grasping</li><li>• Bouncing a ball</li></ul>