

Healthy and Ready to Learn: National and State Data on 3-Year-Old Development

Link: [Healthy and Ready to Learn: National and State Data on 3-Year-Old Development - Child Trends](#)

This data set uses the Healthy and Ready to Learn (HRTL) measure to assess 3-year-olds developmental well-being in five domains: early learning skills, social-emotional development, self-regulation skills, physical health, and motor skills. Together these five domains measure whether young children are developmentally “on track” prior to kindergarten. The dashboard shows the percentage of 3-year-olds developmentally “on track” within each domain and an overall, summary measure of HRTL for each state and across the nation.

Indicators and Types of Data				
Early Learning Skills	Social-Emotional Development	Self-Regulation Skills	Physical Health	Motor Skills
<ul style="list-style-type: none">• Language• Early Literacy• Early Math	<ul style="list-style-type: none">• Understanding emotions• Sharing• Taking turns	<ul style="list-style-type: none">• Attention• Calming strategies• Managing transitions	<ul style="list-style-type: none">• Overall health status• Presence of health conditions	<ul style="list-style-type: none">• Drawing• Grasping• Bouncing a ball