



### **What is the Five for Families Curriculum?**

The Five for Families curriculum is designed to help parents, caregivers and family members explore their Five Strengths and promote the health and well-being of their children and themselves.

The curriculum contains more than 60 activities which...

- Help participants reach a more in-depth understanding of each of their family Strengths.
- Provide families the opportunity to celebrate and sustain their existing Strengths.
- Enable families to address their challenges by enhancing or making change to their Strengths.

### **How is Five for Families Structured?**

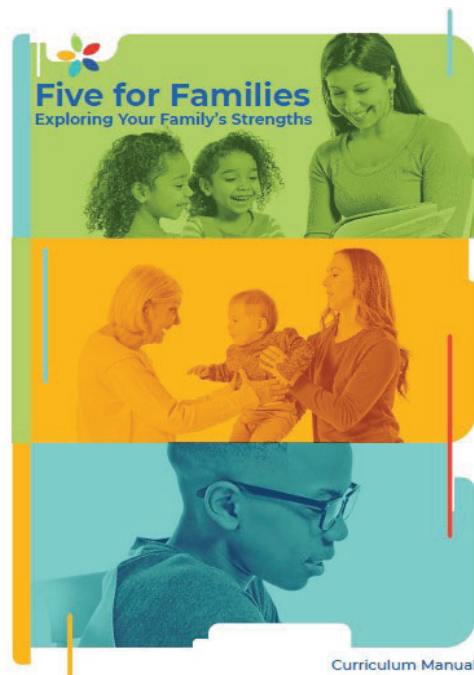
Five for Families is designed with a flexible format to meet the varied needs of families and educators. Created to be fun and engaging as well as informative...

- Activities can be incorporated into existing programming or used as stand-alone offerings.
- Activities can be offered one-on-one with a single caregiver, in small groups, with large groups or as a presentation.
- Educators can choose the combination of activities that best meet the needs of their audience.

### **Can my organization use Five for Families?**

In order for an organization to receive permission to use Five for Families, it must...

- Take a strengths-based approach toward families and services.
- Promote and offer Five for Families universally to all families served, without eligibility criteria for participation.
- Provide the program at no charge.
- Acknowledge the Wisconsin Child Abuse and Neglect Prevention Board as the source of the curriculum in all communications.



### **Are my employees eligible to provide Five for Families?**

In order to offer Five for Families, educators must...

- Have two or more years of professional experience working with families.
- Complete all 12 hours of the Bringing the Protective Factors Framework to Life in Your Work training for professionals.
- Attend a Five for Families Training of Trainers.
- Apply to become a certified Five for Families provider.
- Attend quarterly community of practice meetings.

### **For More Information about the Five for Families Curriculum contact:**

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